

VISTA UNIFIED SCHOOL DISTRICT

**INSTRUCTIONAL ASSISTANT III - ADAPTED PHYSICAL EDUCATION**

**DEFINITION**

Under general supervision, to assist instructional personnel in the performance of a variety of specialized physical education and physical fitness instructional activities; to perform instructional support and follow-up activities; and to do other related work as required.

**ESSENTIAL DUTIES**

- Assist in the implementation and conduct of adaptive physical education activities.
- Assist instructional personnel in the implementation of physical education instructional activities following a prescribed plan developed in cooperation with instructional personnel.
- Assist in evaluating and determining the skill and fitness levels of pupils in physical education groups.
- Instruct individual and small groups of children in individual, dual and team physical activities to reinforce and follow up instructional and skill development activities.
- Administer physical fitness and skill tests, and other evaluative activities.
- Assist in the maintenance and follow-up of behavior management and behavior shaping plans.
- Assist in the set-up and arrangement of equipment for game and adaptive physical education instructional activities.
- Participate in the planning, organization and implementation of self-directed games.
- Assist in the inspection and review of game activity areas and equipment to ensure that the adaptive physical education functions and activities are conducted in a safe and non-hazardous environment.
- Participate in the conduct of health, personal hygiene, grooming and self-help skill development.
- Requisition, store, distribute, and maintain an appropriate inventory of adaptive physical education instructional supplies and equipment.
- Aid in the planning, organization, and development of water safety instructional activities.
- Establish and maintain a variety of records concerning adaptive physical education instructional progress.
- Administer routine first aid and seek assistance for serious illness or injury situations.

**QUALIFICATIONS**

Knowledge of:

Basic concepts of child growth and development and child behavior characteristics;  
Behavior management strategies and techniques typically utilized with school aged children;  
Appropriate English usage, punctuation, spelling, and grammar;  
Routine record management, storage, and retrieval procedures;  
Instructional strategies pertaining to adaptive physical education and physical fitness instruction.

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Ability to:

Demonstrate an empathetic, patient, and understanding attitude with adaptive physical education students;  
Interpret, understand, and follow up student special physical education plans;  
Communicate satisfactorily in oral and written form;  
Prepare clear and concise reports;  
Understand and carry out oral and written directions;  
Establish and maintain cooperative working relationships with children and adults.

**PHYSICAL DEMANDS**

The physical requirements indicated below are examples of the physical aspects that this position classification must perform in carrying out essential job functions.

- Persons performing service in this position classification will exert 50 to 75 pounds of force frequently to lift, carry, push, pull, or otherwise move objects.
- This type of work involves running, walking or standing for extended periods.
- Perceiving the nature of sound, near and far vision, depth perception, providing oral information, and possessing the manual dexterity to effectively use physical education related equipment and to handle and work with various materials and objects are important aspects of this job.
- Must have a full range of motion in the upper extremities.

Reasonable accommodation may be made to enable a person with a disability to perform the essential functions of the job.

**EXPERIENCE AND EDUCATION**

Any combination of experience and training that would likely provide the required knowledge and skill is qualifying. A typical way to obtain the required knowledge and skill would be:

Experience:

One year of paid or volunteer experience working with school age children in an adapted physical education program.

Education:

Equivalent to the completion of the twelfth grade, supplemented by course work or training in child growth and development, psychology, physical education, and other related educational programs preferably at the community college level.

**License and Certificate Requirement**

Possession of a first aid certificate including CPR.  
Must possess a valid California Motor Vehicle driver's license.

**Condition of Employment**

Insurability by the District liability insurance carrier.